



tenley k lawton m.d.
BOARD CERTIFIED PLASTIC SURGEON

PATIENT PRE-OPERATIVE CHECKLIST

- ✘ Pick up the prescribed medications and homeopathics
- ✘ **Absolutely no aspirin** 2 weeks before and 2 weeks after surgery
- ✘ **No smoking** 2 weeks before and after surgery
- ✘ **Absolutely no food** or drink 8 hours before surgery (unless needed to swallow a pill)
- ✘ Please stop the use of any herbal medications or vitamins which are not recommended by Dr. Lawton such as Fish Oils, Phen/Fen, St. John's Wort, Nardil, and other MAO inhibitors at least two weeks before surgery.
- ✘ Arrange to have a ride home from surgery - no taxi!
- ✘ Must have someone stay with you for the first 24 hours following surgery
- ✘ Make arrangements for an Aftercare facility if recommended
- ✘ Pre-Authorization from insurance company (if pertinent to surgery)
- ✘ Payment is required in full at least 2 weeks prior to surgery

***** SURGERY AND SMOKING DO NOT MIX *****

Research and experience with smoking patients have shown the supply of blood to small capillaries in the tissue is reduced, so the risk of bad healing, failure to heal, or even death of some tissue, increased scarring or other complication increases. If you should have any problems or questions, please do not hesitate to contact our office at: 949-640-0999